



SUSTAINABILITY AND A

Monday 11 July - Friday 16 September

July	
Monday 11	Term 3 commences
Tuesday 19	Year 6 into 7 Transition Day
Friday 15	Bastille Day Celebrations
Wednesday 20 - 22	Year 4 & 5 Camp
Tuesday 26	Secondary Photo Day
	Primary District Athletics
Wednesday 27	Primary Photo Day
Friday 29	Foundation Day
Saturday 30	10 Year Alumni Reunion Class of
	2012

August

Monday 1	Primary Friendship Chapel &
	Assembly
Thursday 4	P&F General Meeting
Friday 5	Romp in the Forest
Wednesday 10	Open Day
Thursday 11-12	Secondary District Athletics
Saturday 13	ELC Open Day
Monday 15	Year 2 Caboolture Historical
	Excursion
Wednesday 17	Year 4 Wildlife HQ Excursion
Tuesday 16	Year 12 Visual Art
	Farewell Exhibition
Friday 19	P&F Spring Fair
Friday 19	School Captain 2023 Speeches
Wednesday 25	Year 3 – 6 House Cross Country
Friday 26	Book Week Assembly
Monday 29	Prep Bike and Scooter Day

September

Thursday 1	Secondary Father & Son Breakfast
Thursday 1	P&F Father's Day Stall
Tuesday 6	Prep Camp
Thursday 8	Primary Gala Day
Friday 16	Last Day Term 3
Friday 16	Prep to Year 2 Cross Country & Athletics Carnival

GRAMMAR PARENTS FRIENDS

Welcome to our new President Karen Montagu



Mother's Day Stall

This year's P&F Mother's Day Stall was a huge success with many students purchasing their special gifts for their Mum.

Thank you to our P&F for their generosity and all their hard work behind the scenes.

Special mentions to our supporters:

Ninja Jungle Noosa Natural Chocolate Company Synergy Performance Institute The Forest Blend Cafe



SUNSHINE COAST GRAMMAR RUGBY PARTNERSHIP

In partnership with Sunshine Coast Grammar Rugby, we would like to invite you into our state-of-the-art showroom. We will gladly donate \$500 to the school for every Grammar School parent who quotes prefix "SCGS500" upon purchasing a vehicle from Lexus of Maroochydore. 63 Maroochy Blvd, Maroochydore, 4558 | PH: (07) 5452 8777 | www.lexusofmaroochydore.com.au MAROOCHYDORE

Front cover shot by Sean Saunders @open_shotz, featuring the opening of our Wunya Garden

Our footprint, Nur Purpose

Principal Mrs Anna Owen

The conversation about preserving the Rainforest Walk has given us pause, made us step back, and reflect and question the purpose of what we are doing and where we are headed as a school. The new strategic design is being created with the intent that we audit processes and our actions on a regular basis, without waiting for the crisis to come to us.

The lesson for our community is the world is moving very fast. There was a unified voice in opposition to the clearing of rainforest, the heart of our school. Communities and countries are now standing at the crossroads of a new tone and approach to climate change, and more broadly, the judicious management of the planet.

I note that China, the US, the European Union and Japan, have joined a number of other countries in having a long-term vision about climate change. Through the common threat posed we now have an opportunity to find a solution. Across generations and across the globe we have discovered a lot of commonalities and common interests. There's a new chance for a new beginning, and a positive ripple effect including rediscovering the power of collaboration.

Although at the heart of our community and a very big and significant part of our world here at Grammar, the preservation of our Rainforest Walk has acted as a catalyst for the students and the school to reflect on our larger civic responsibilities. It has not been difficult convincing the community that, in fact, we have the choice to make a powerful and positive impact, and contribute globally to the United Nations 17 Sustainable Development Goals (THE 17 GOALS | Sustainable Development (un.org)).

The goals invite every citizen, school, and organisation to play a fundamental role in social development in society. Schools have a significant influence and power to make appropriate, transparent and responsible social goals.

We have learned from this crisis, and have discovered we are not rethinking our position so much as co-creating the words and stories of conviction. We have discovered a long-term view that we feel inwardly comfortable with, and have emerged even stronger.

Walking the talk

Unfortunately, we have all witnessed moral grandstanding. That is, we must practise what we preach and have policies in place that ensure all community members are given the opportunity to act on our enduring commitment. And lastly, we need to ensure we have all the competencies we need and then go for it with full dedication.

So how do we turn good intentions into good outcomes? We focus on what we do and how we do it, and by living our school vision, Where Passion Meets Purpose. This vision is exemplified in how we prepare our students to contribute locally, nationally and globally in the 21st century.

Schools have a relatively low carbon footprint compared with many companies and corporations. Reducing our footprint is important however our biggest impact is through purposeful education; turning good intentions into meaningful impact.

Professor Pasi Sahlberg is a Professor of Education at Southern Cross University, and describes the purpose of education as 'To really engage with making sure that every child and young person has the skills they need for the future'.

He says it is no surprise that education is viewed as the most important key to sustainable recovery from current global crises. 'Whether it is about economy, environment, health, or peace of the world, we won't be successful in the end without education'.

Our mission is to continue to develop, through our Green School proposal and our new Strategic Design, the right set of ideas, the right strategy and the right partners, in order to create real, sustainable and enduring change for a better world for all.

SAVING OUR RAINFOREST WALK

Our Rainforest Walk remains the beating heart of our school as it connects all students from the Primary to Secondary campus.

Following the announcement of the new cafeteria project and subsequent information sessions we are proud of the way our students and community rallied together and voiced their concerns.

The School's Principal, Mrs Owen strongly encouraged student advocacy during and following the announcement of this project, allowing students to provide feedback, to have their voices heard and gain a greater understanding of this important issues.

Mrs Owen said that this had been an important experience for all involved. We want children to participate in these important discussions, to have the tricky conversations and not just be an audience member, but it is important to participate with grace and dignity.

School Captains, Taleah Smith and Fynn van den Brenk, spoke to the ABC and expressed the importance of the Rainforest Walk and how proud they were of our community for rallying together.

'The Rainforest Walk is everything to this school. I feel so much gratitude to be able to walk through it every day', said Taleah.

'We have helped our community share their voice and it is very gratifying.'

Mrs Anna Owen, said it takes courage as a leader but equally as a young person, to understand the difference between using your voice and using your voice for empowerment.

With leadership comes great responsibility, however leading is not about being in charge, it is about taking care of those in your charge.

'Every student has a voice and it is easy to harden to these conversations but if you lean in with compassion you can deeply understand the issues at the very heart,' said Mrs Owen.

'This project and announcement have bought everyone together and we have discovered we do have a voice and can use it to make an impact,' said Taleah.

To listen to the interview with Mrs Anna Owen and our School Captains, Taleah Smith and Fynn van den Brenk, Scan here:







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As a school community we are incredible fortunate to come to school every day, to learn and play in a unique natural rainforest environment.

Situated on approximately 100 acres of land, this incredible learning environment offers student the opportunity to be immersed in the natural landscape and truly appreciate the world around us and importantly preserve and look after our surrounding for generations to come.

Classrooms and facilities are set in the heart of the rainforest and the perimeter of the school site is lined with natural rainforest vegetation. Offsite to the east consists of wet and dry open Eucalypt Forest vegetation, and the majority of the species to the north, east and west are *Eucalyptus grandis*, *Eucalyptus pilularis and Melaleuca quinquenervia*.

The forested areas, particularly those in close proximity to school buildings and play areas, are inspected twice annually by a team of qualified arborists to ensure the health of the vegetation. The areas of protected rainforest, bordering the school, remain untouched. Ecological reports cite species of koala and powerful owl being present in the forest which contains essential habit for this wildlife.

Caring for our natural environment

The school employs a qualified horticulturist whose primary role is to care for its plant life and gardens. Pesticides are used sparingly when a non-chemical alternative is not available. The school is mindful of its impact on the natural environment it sits in, including the two spring fed lakes adjacent to the Administration Centre. These lakes are regularly monitored for Salvinia weed and the weeds are periodically removed by a harvesting machine.

The waterway is kept clear of any paint and other by-products by the use paint traps. Regular testing is performed by an external lab to monitor the health of the water in relation to human contact. However, if unsuitable for swimming (for example), the water is left to right itself via natural means, such as tide cycles.

NEW PREP PRECINCT FOR GRAMMAR

We have laid the foundations for a new Primary precinct, with stage one, the Early Years, due to open later this year.

We are in the fortunate position of being able to design and build a new Primary precinct, and our teachers were given the opportunity to reimagine their teaching and learning environment. The Early Years Precinct, now well into construction, is something sure to inspire this and many future generations.

'We are creating a place where curiosity and collaboration come together,' says Mr Paul Clegg, Head of Primary at Sunshine Coast Grammar School. 'We believe that behind teachers and families, physical spaces hold the potential to influence what and how children learn.' Collective discussions between the architects and Grammar staff enabled the teachers to voice with intent and purpose. By liaising with a sensory landscape team, the Grammar staff could share their deep understanding of how children think, question and explore. The idea to create an outdoor inquiry journey with fluid, interconnected spaces, providing a place conducive to learning, was unanimous.

'We are incredibly excited and fortunate to have been a part of designing and having input into the building of our new purposebuilt Early Years Precinct,' says Prep Teacher, Mrs Geraldine Frohloff.

WHAT IS IN THE NEW PRIMARY PRECINCT?

The new Early Years Precinct explores relationships of space, light and shape within its modern architecture. Its curved structure can be likened to an eye wide open and taking in the world around it. It's a very fitting metaphor, as at Grammar we will see our wide-eyed learners enter their journey in this aesthetic precinct in which every aspect has been carefully considered through the lens of a child. The classrooms reflect new ideas and trends, boasting teaching walls, high ceilings, reading nooks and purpose-built storage. Located on the second floor, the classrooms extend and merge into an enclosed gallery that offers a hybrid of outside/inside learning. The area also includes naturally styled carpet alcoves for small group learning and a purpose-built low island bench perched in front of a teaching kitchen for inquiry into cooking, experimenting and science, all cleverly hidden behind a teacher access door.

The cool ground-floor space will support a broad range of activities including learning, perceptual motor programs and play. The large undercroft allows students to escape the elements if required and adds to the sensory landscaped playground. 'We live and learn in an amazing tropical part of the world that has seen an increase in wet weather patterns with predictions of more to come. We wanted to ensure we could continue to provide our youngest learners with the highly-desired opportunities for physical movement, gross motor skill development and play, regardless of the weather conditions,' says Rachelle Brutnell, Dean of Primary Prep to Year 3. The extensive playground, with rich and built-in learning opportunities, will allow teachers to interact with learners as they inquire.

'I believe the children will be very excited to see the new classrooms, however, I know they will be thrilled to explore the new outdoor spaces and playground. We look forward to maximising children's opportunities to learn in our natural and serene rainforest environment,' says Prep Teacher, Mrs Rebecca Wells.



EVEN THE AUDIO HAS BEEN CONSIDERED

If that's not enough, the Prep building will also boast four new soundfield systems for the classrooms. These handcrafted wooden speakers, also used on superyachts, will provide exceptional clarity to the teacher's voice from any location in the room. 'This sound system is second to none and ensures students can access clear auditory instructions from the teacher,' explains Mr Clegg. 'Prep students are in an age group prone to ear infections. This sound system can assist to lessen the impact on hearing if students exhibit reduced hearing.'

KEEPING IT GREEN

SCAN TO TAKE A LOOK

AT OUR NEW PRECINCT

Unique to our school is our natural, serene, green environment. It is this serene sense of calm that you feel the moment you step onto our 100-acre grounds. When a prep student shared their disappointment to the class about how sad it was the trees were being taken down for the motorway upgrade, the Prep Teachers listened. That Prep cohort embraced the inquiry and took action, which resulted in them planting more than 2000 trees alongside the Grammar grounds staff in a corner of the school that they will gain benefit from when they are in their high school years. 'Students couldn't imagine a world without green and neither could we. Students have a voice and we listened. We value nurturing the future generations who value the world around them,' says Mr Clegg. The Prep Precinct is part of a bigger master plan for the Primary School. The same collaborative process will be undertaken with the Primary School staff as they plan for the rollout of Stages 2 and 3 to further enhance the learning experience of our students.



The benefits of nature

GREEN SPACE, HEALTHY MIND

Even without the ever-expanding scientific evidence base to confirm it, we can intuitively know the importance of protecting and caring for our environment. What people may not realise, however, is the power and impact natural environments can have on our mental wellbeing.

Research from environmental psychologists has shown that when people are exposed to nature, it decreases heart rate, blood pressure, and the stress hormone cortisol, and improves psychological wellbeing. These effects are shown from as little as experiencing images and sounds of a natural environment (Ulrich et al., 1991), to having more green space in our urban communities (Beyer et al., 2014). Other research revealed that just a 90-minute walk in a natural setting compared with an urban setting, showed decreased self-rumination, maladaptive thought patterns and behavioural withdrawal (Bratman, Hamilton, Hann, & Gross, 2015).

For more ongoing engagement with nature, White et al. (2019) found in a large study that 120 minutes per week of time spent in nature was the threshold at which participants have a significant positive association with their wellbeing. Interestingly, this effect remained whether it occurred in one big chunk of time or smaller exposures throughout the week. It also did not matter if time was spent exercising or just sitting relaxing!

It's clear that accessible natural areas within urban contexts are a critical resource for maintaining our mental health moving forward. In a school context, lower cortisol, stress and rumination means not only improved wellbeing, but more capacity for the brain to focus its attention on learning, memory and new experiences. We are fortunate to have such a healthy, natural environment all around us here at Grammar, and perhaps one of our most helpful resources is supporting us to learn from outside of the classroom.

By Fraser Landreth





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NURTURING HEALTHY, CONFIDENT YOUNG LEARNERS

Natural environments inspire stories, connections and deep respect for the world around us, and invite children to play, learn and develop essential life skills.

At Grammar Early Learning Centre, our Kindy children have the opportunity to explore our diverse, natural environment and discover the beautiful rainforest at our doorstep through our Rainforest Kindy Program.

Led by our qualified educators, children are immersed in our natural surroundings and engage in unstructured play that sees them explore and learn about our rainforest and its animals in a safe, engaging environment.

Through play, children are able to connect with and learn to respect our rainforest. At Grammar Early Learning Centre, our vision is to acknowledge the local Gubbi Gubbi people and recognise their culture and the country in which we live, work and play. As a group, we pay our respects by participating in an acknowledgement of country before entering the rainforest.

Children are encouraged to be curious and engage in many discussions about our First Nations peoples. We spend time reflecting in our yarning circle throughout the day. Our children love talking and learning about Aboriginal culture through stories, games and resources. In extending on these experiences, our educators facilitate activities which scaffold learning, developing their ability to question and deepen conversations.

NAIDOC Week is a special time at the Centre where we learn more about the traditions, culture and achievements of Aboriginal and Torres Strait Islander peoples.





LIVING THINGS NATURE WALK

Each week, Prep BW complete a nature walk where we use our senses to discover the world around us. Our focus this term has been on living things, and we use these walks to help us learn about our environment and the needs of living things.

During our recent walk around the Grammar lake, the children became curious and quite concerned about the amount of litter that was discovered. The children began to ask questions and put forward their ideas. We decided that this litter was a problem for the living things in this environment and a plan was required to solve this problem.

One child suggested that a bin be put around the lake. Some thought one bin wouldn't be enough due to the large area. We then discussed who would be responsible for the bin? Children suggested that the maintenance men could help us... but how would we communicate this? The maintenance men work a long way from the Prep classrooms and finding the time to make our way there would be a challenge. It was then decided we would write a letter and wait until we spotted a maintenance man close to our classroom.

Another suggestion to fix the litter problem was dedicating our nature walk time to picking it up. There was a lot of talk around how we keep ourselves safe and the types of resources we required.

The children also had concerns around how much awareness people had with leaving their rubbish and what effects this could have on the living things. As a class, we decided that we should make some posters to raise awareness. We had to make careful decisions about what symbols, words and colours were used.

We are looking forward to continuing our sustainability path and making a difference to the precious living things that call Grammar lake home.



Orep's FIRST CHAPEL

This term our Prefects presented Prep students with their own Bible at their first Chapel Service for the year. This tradition is a wonderful opportunity for our oldest and youngest students to come together and embrace the culture, spirit and community of Grammar.

Our School Captains, Fynn van den Brenk and Taleah Smith, spoke to our Prep students and reminisced about the fond memories they have when they received their first Bible.

The Chapel Service was officiated by Mrs Maguire and witnessed by many of our Prep families and friends.

Thank you to all of the staff for assisting to make this such a special event. Many thanks to Year 12 student, Sean Saunders @open_shotz, for capturing these wonderful moments.



Pastor Jon Taylor

As we are all aware we have a beautiful school environment and I may be bias ,but my favourite is certainly the views through the trees and over the water from the Chapel deck. There is an unusual story in the Gospels (Matthew 21:18-22 and Mark 11:12-14) that speaks about Jesus cursing a fig tree that occurred during the week before His crucifixion. Could Jesus have perhaps been a little "hangry"?

Jesus and His disciples appear to have been hungry and saw from a distance that the fig tree had leaves, and so they would have expected it to also have fruit on it. Expecting to find something to eat, Jesus instead discovered that the fig tree had no fruit on it and cursed the tree saying, 'May no fruit ever come from you again!'

The lesson of the fig tree is that we should bear spiritual fruit (Galatians 5:22-23), not just give an appearance of religiosity. The believer is not to display fruitlessness and is instead expected to "bear much fruit" (John 15:5-8). May you and your families know this Jesus and bear much fruit in all your relationships.



J.O.L.T EXCURSION

Our Secondary J.O.L.T (Jesus Over Lunch Time) group members had the opportunity to join with the other three Brisbane PMSA Schools for our inaugural Interschool Christian Fellowship Camp. A group of Year 11 and 12 students travelled to Somerville House, accompanied by Secondary Christian Education Teacher, Mrs Belinda Modlin and the Head of Japanese, Mrs Tammy Di Pietra.

Students enjoyed a range of fun activities to allow all to mingle and get to know each other. They also benefited from an uplifting time of singing and worship. The Biblical theme of "Salt & Light" was unpacked by two students, and guest speakers and students were encouraged to consider how to display faith in action and share their beliefs with others.

In the afternoon, there was the chance to walk over and explore Southbank. The day was truly valuable, engaging and fun. Students are enthusiastic to attend again next year.



Anzac Day

Grammar students and staff were honoured to contribute to the first 'live' Anzac Day commemorations since 2019. Many of our families joined us at the Mooloolaba Dawn Service, where Bel Canto Choir sang beautifully to support our Diggers and commemorate this important day.

The Symphonic Band also had their marching style on show at the Buderim march later in the day. It was wonderful to see the large contingent of students come together as we remembered and honoured all the service men and women, past and present, who have defended our country.

Bel Canto Choir, Bel Fine Choir and Symphonic Band performed impressively at our school Anzac Day Service.



TIMOR INDEPENDENCE DAY

Monday 23 May marked Independence Restoration Day in Timor Leste, a day of great significance to this beautiful nation. Grammar students and staff have had a great connection to Timor over many years and continue to extend the hand of friendship to many throughout the small nation. We thank you for your continued support of our education projects there.

Obrigadu barak! (many thanks)





COMMUNITY KITCHEN

A huge shout out to the team of smiling cooks who donated their time to the Grammar Helping Hands Community Kitchen this term.

It was a great opportunity to come together and work towards putting a meal on the table for someone in need within our school community. Thank you to all involved as this is only possible through your support.







Mother's Doy Chassembly





This year, our Mother Daughter Breakfast was held at the Lakehouse, Brightwater, with special guest speaker and mother of five, Maree Evans.

Maree spoke about her own experience as a parent and offered many valuable pieces of advice for raising our teenage girls.

#1 INVEST IN YOURSELF

The concept of investing in yourself is a simple one, but changes everything, framing self-belief and boundaries.

High school is a pivotal moment in your story where you can choose one of two personal paths. One is to invest internally, the other external.

The internal path sees you focus on yourself, your family, friends and school, and look inwardly for your sense of personal validation.

The other path is looking to others, sometimes boys, to determine whether or not you feel good about yourself, getting caught up in dramas, not concentrating in class, and acting in negative ways.

#2 ENJOY YOUR TIME AS AN ADOLESCENT

Be a kid and enjoy this time when your life is cocooned in the safety of the school environment, and make the most of all the opportunities and learnings that come your way.

#3 FOCUS AND MONITOR

It is important for students to be able to focus on themselves. The last few years of school can get really tough. Keep a close eye on your children and their stress levels, and keep home life organised and as calm as possible. Proactively seek out the potential stressors and look for solutions.

To read Maree's speech and hear more about her parental journey scan here:























SORRY DAY AND RECONCILIATION WEEK

During our annual National Sorry Day Assembly, we acknowledged the strength of Stolen Generation Survivors, reflected on the Reconciliation Action Plan, and recognised this year's First Nation Ambassadors and Scholarship recipients.

We are proud to elect two First Nation Ambassadors, Lucas Brodrick and Amalia Noble.

Both students are committed to working with the school's Reconciliation Action Plan committee to promote reconciliation in all areas of the school and wider community, and promote the reconciliation of Aboriginal and Torres Strait Islander people.

To commemorate Sorry Day and National Reconciliation Week, Lucas and Amalia unveiled a Reconciliation Garden known as the Wunya Garden and planted a native hibiscus tree, which is approved by the National Stolen Generations Alliance as the official symbol for Sorry Day.

Each year, the school will commemorate the significance of Aboriginal and Torres Strait Islander events by planting a native tree in the Wunya Garden.

For Grammar, reconciliation means working inclusively in a meaningful and respectful way with Aboriginal families and communities. Our vision is to acknowledge the Gubbi Gubbi culture in symbolic recognition of the people and the country in which we live, work and play. Reconciliation represents equal and equitable educational opportunities and outcomes for our Aboriginal and Torres Strait Islander stakeholders, and an inclusive and diverse workplace that is not just culturally safe, but culturally rich and proud.







NAIDOC week celebrates the history, culture and achievements of Aboriginal and Torres Strait Islander people. It is celebrated by all Australians and is a great opportunity to recognise and learn more about the history and culture of indigenous communities.

NAIDOC stands for National Aborigines and Islanders Day Observance Committee. Its origins can be traced back to the Aboriginal rights movement, when on Australia Day 1938, protestors marched through the streets of Sydney to highlight the status and treatment of Aboriginal and Torres Strait Islander Australians. Today, it is a week-long celebration held in July that consists of a range of traditional and contemporary activities.

NAIDOC Week is an important event that helps build positive relationships between Aboriginal and non-Aboriginal people. It enables a deeper understanding of our differences and similarities. NAIDOC week is an opportunity for all Australians to eliminate bias and discrimination by reflecting and reconciling the wrongs of the past to facilitate hope and build a fairer future. Families are encouraged to join in and support young people in learning the significance of NAIDOC Week.

This Special Report offers suggestions on how families can celebrate NAIDOC Week together.

Learn More here:







OF OUR FOURTH PRINCIPAL OVER OVER SANNA OWEN

We formally welcomed our new Principal at a Commissioning Service on Friday 17 June and it was wonderful to share this special occasion with our Grammar community.

Mrs Owen reflected on the year so far, offered words of wisdom, gratitude and direction, and shared her discoveries of our wonderful school, including the pride of our community, its green heart and its great potential for the future.

OUR COMMUNITY

Community is a shared experience and a common focus. This school draws you in and it holds you here. The teachers, the parents and the students. The pride of those who built our school is enormous. They love our school and want it to thrive moving forward. Whatever we achieve in the next 25 years we must always remember those who laid the path for us to follow. Staff who are sitting in this Hall today quite literally laid the path, painted the fences, and built the flower beds and the veggie patch. The uniqueness of a young school is that the big personalities, the characters, are all still here; larger than life and changing young lives.

OUR GREEN HEART

When we sat down as a school to have a conversation about the plans for a new building at the end of the last term, it became very clear that our green heart would always be fiercely guarded. There wasn't a single voice in opposition to the unnecessary destruction of the rainforest; the traditional and loved centre of our school.

It was a new chance for a new beginning, and a positive ripple effect including rediscovering the power of collaboration. The preservation of our Rainforest Walk has acted as a catalyst for the students and the school to reflect on our larger civic responsibilities. It has not been difficult convincing the community that, in fact, we have the choice to make a local powerful and positive impact, and contribute globally to the UN's Sustainable Development Goals. This is not moral grandstanding, but, quite simply, cleaning up after ourselves and doing the right thing.



OUR FUTURE

Our young school, young heart and great potential.

I feel profoundly the privilege and the responsibility to lead a school that is only 25 years old, one that has played such a significant role in founding and shaping independent education in the Sunshine Coast region.

We reflect with prid,e but equally with hope and confidence in the future. I feel a sense of positive anticipation in our community and excitement about what our future may look like. It is my great privilege to share this future with you.

My hope as Principal is that, looking back on their school days, our students will remember compassion, kindness, encouragement, empathy, challenge and humour in equal measures. That they will be a performer as much as an audience member, and rarely an online onlooker. That they will find enjoyment in the struggles and they will have learned to give their personal best.

I commit to you that I understand the importance of taking over the mantle of Principal just 25 years since Sunshine Coast Grammar School was founded.

READ MORE ONLINE:



GRAMMAR QUARTERLY

















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NATIONAL 16-22 MAY 2022 VOLUNTER Better Together WEEK



PASSIONATE YOUTH SERVING OUR COMMUNITY

As we continue to celebrate our many volunteers within our Grammar community, it is with great pride and gratitude that we recognise Year 12 student, Lauren Startari, for being awarded Buderim Young Volunteer of the Year 2022.

Lauren was presented with the award by Brent Mickelberg MP, Member for Buderim.

Lauren has a long history of reaching out to others, both within the Grammar school community and beyond, and has inspired many to serve.

'I believe it is important to be a volunteer as you are giving up your time to make other people happy. Volunteering has made me a better person,' said Lauren. Lauren is heavily involved with many initiatives including being an active surf lifesaver at Mooloolaba SLCS, ambassador for Amnesty International, as well as an active member of Grammar Helping Hands and Grammar Green Team.

One of the main lessons Lauren has learnt through her time volunteering is that small changes have a big impact. It is with this mentality and her compassion that Lauren has created an intergenerational project to connect Grammar students to our local aged care community.

'Not only does it bring people together, but it also promotes personal growth, and self-esteem and provides you with a sense of purpose,' said Lauren. The inaugural program will run for six weeks, and will see Lauren and a team of Year 10 students connect with elderly residents to learn new skills, including using technology, knitting and crochet.

At the end of the program, the aged care residents will travel to Grammar to visit our Prep students and engage in a number of student lead activities. Lauren and her group will also create a memory book for residents that will include pictures, photos and quotes from their time together.

'Everyone has a story and you can always make a positive impact in someone's life. Most people are grateful for what you have done and that to me is everything,' said Lauren.

At Grammar, we encourage our students to look outwards to others, and serve our community with passion and purpose. Through giving their time and energy, students throughout the school develop a strong sense of community engagement and build empathy for those less fortunate.

Lauren has made a wonderful contribution to Grammar and the local community, and we are extremely proud to recognise her achievements.

4) orld Bee Day

FRIDAY 20 MAY

We celebrated #worldbeeday with our very own Queen Bee, Ms Katie Livock, who is helping our young people learn about the important role bees play in our food system.

Our Queen Bee visited the Prep students to continue their learning about living things, and to talk about how we can support our bee population.

The biggest suggestion from Ms Livock is to always buy your honey from a local beekeeper. It's delicious, and some studies show that it can help your hay fever and some allergies to plants as it introduces pollens into your body in a much safer way.

Ms Livock is a strong advocate for bees and is President of Sunshine Coast Beekeepers Inc.

We want to give a big shout out to our Queen Bee and acknowledge the important work she does to promote the significance of bees in our environment.



VOLUNTEERING IS THE HEART OF OUR COMMUNITY

Karen Montagu – P&F President

At Grammar, our enduring sense of community, connection and friendship is undeniable. Our connection is linked to a shared purpose between the school, students and families. From classroom and canteen volunteers to sporting coaches, our parent body champions all of Grammar's endeavours, and it is with their support that our community truly succeeds.

They say many hands make light work and through their collective efforts, our Parents and Friends' Association (P&F) fosters friendships and develops support networks within our school community.

The newly elected P&F President and mother of three, Ms Karen Montagu, took the time during Volunteers Week to talk to us about the benefits of volunteering and what it means to her and her family. 'I think it's important our kids see us volunteering to help others. That's where it begins,' said Ms Montagu.

From a young age, Ms Montagu and her siblings were encouraged to volunteer their time and were involved in a number of charitable organisations, including the Heart Foundation, Zonta and Lions Club.

'As a young person, getting to experience some sometimes uncomfortable situations was actually a great eye opener for me to understand what other people go through in life,' said Ms Montagu.

There are many benefits you can take from volunteering, including the opportunity to work alongside and form friendships with people from all walks of life, as well as develop patience, teamwork and negotiation skills.

When asked about the lessons learnt during her years of volunteering, Ms Montagu suggests being clear and honest about how much time you can give.

'Just a little bit of help is amazing. Sometimes we are afraid to help out as you think you will be stuck and taken advantage of. Remember that every little bit helps.'

Volunteering Australia cites that the main reason people first become involved in volunteering is that they knew someone who was involved. So grab a friend and join our P&F today!

SUNSHINE COAST SPORTS AWARDS

Congratulations to Year 12 student, Isabella P, for achieving the Volunteer Award for Quarter 1 of this year's Sunshine Coast Sports Awards.

Isabella is an Alexandra Headland U17 Surf Life Saver and is highly involved in the Club, she started as a nipper in U8's. She serves as Nippers Age Manager and is a member of the Youth Lifesaving Committee and Branch Youth Ball Committee. Isabella was nominated for her enthusiastic involvement in the Club's culture and for her mission to create a voice for the youth.

"I enjoy lifesaving because of the different opportunities available. Through lifesaving, I have been invited to multiple state-wide camps, undertaken many leadership roles and been able to compete alongside some of my closest friends."

Isabella is also involved in Grammar Helping Hands and helps out as part of the Grammar Green team where she can.

"I think volunteering is important because we should give back to the community that has supported us. My favourite thing about volunteering is a collection of memories from my time as the under 10's age manager. I love the kids I look after and it is always fun to hang out with them each weekend."

OLYMPICS LEGACY GROUP MARK HENRICKS



Teachers by nature are very generous with their time and there isn't a staff member at Grammar who hasn't volunteered their time in some capacity.

We recently sat down with Grammar's Head of Year 7, Mr Mark Henricks, who is volunteering his time and championing Sport and Active Recreation on the Olympics Legacy Group for the 2032 Brisbane Olympics, which is spearheaded by the Sunshine Coast Council.

Mr Henricks is one of 12 members in the group that is made up of a cross-section of community members. The group will look at how the region can capitalise on this momentous occasion and create a lasting legacy in the lead up to and beyond the Games. The group will provide community advice to Council about local legacy outcomes and opportunities that should be pursued as part of the 2032 Games.

'If you are supporting and helping other people and the environment and being generous with your time, you end up with a strong and connected community,' said Mr Henricks.

As a life-long resident of the Sunshine Coast, Mr Henricks feels privileged and excited to have input into what opportunities the region can capitalise on. With his background and involvement across sports at all levels, including participant, coach, administrator or spectator, Mr Henricks is excited to be looking at opportunities to create legacies for community clubs, associations and schools, and high-performance sports.

Volunteering is a great way to meet new people and build healthy relationships. It also strengthens your ties to the local community and exposes you to people with similar interests.

A strong advocate for supporting local communities, Mr Henricks has been involved in several cricket and rugby tours across the United Kingdom, Europe and Canada in a volunteer capacity, and has developed long lasting friendships.

'I love catching up with past students who have been on those tours. They often talk about those experiences and how they were the highlight of their time at school. It is satisfying seeing them learn, succeed and achieve,' said Mr Henricks.

Mr Henricks will continue to meet with the Olympics Legacy Group throughout the year, and is looking forward to connecting with his counterparts and assisting to develop the Legacy Plan for the region.



Reduce. Reuse. Recyce

by Janelle Derrington, Coordinator of Food Technology and Hospitality

As the human population grows, we cannot maintain our quality of life unless we embrace sustainability and change our practices.

"Reduce, Reuse and Recycle" is a common mantra that can take many different forms. The Food Technology and Hospitality Faculty supports the concept that food should be produced, processed, traded and distributed in a way that supports economics, the environment and society.

Australians waste about one-third of the food that they purchase. On average, about 40% of the household bin is full of discarded food products.

Reasons why we waste food, include:

- We cook too much.
- We mistakenly throw out food before its best before / use by date.
- We purchase takeaway food when we have food available that can be cooked.
- We do not know how to use leftovers.
- We buy too much food, as we do not write a list or check what is in the refrigerator/pantry prior to shopping, or we shop when we are hungry.

Additionally, there is a lot of wastage of food before it reaches the consumer – the high expectations of both supermarkets and consumers mean that 20 to 40% of fruit and vegetables are rejected because they do not look good enough for sale. (Source Unknown)

When wasted food is thrown away and breaks down in landfill, the greenhouse gas, methane, is produced. Thrown away food is wasting money and is not economically sustainable. Soil, water and fuel are used to grow, harvest, transport, process, package, distribute and market food products. So, food that is thrown away wastes these resources that are used in the supply chain from farm to fork.

Did you know, if you throw away:

- 1kg of beef 50 000 litres of water used to produce that meat is wasted.
- 1 kg of white rice 1550 litres of water is wasted.
- 1 kg of potatoes 500 litres of water is wasted.

Some ways the Food Technology and Hospitality Faculty promotes sustainability include:

- Composting fruit and vegetable scraps from the Kitchen.
- Collecting recyclables such as bottles, cans, hard plastics, cardboard.
- Collecting and returning soft plastics to the major supermarkets.
- Supporting local businesses for ingredients.
- Compiling Food Orders for class recipes each week.
- Growing herbs and small edible flowers for use in lessons.
- All Year 7 students undertake a semester unit of Food Technology where they are exposed to basic cookery and life skills while using a range of appliances and equipment commonly found in homes.

We all look forward to a greener future.

"ALONE we can do so little; TOGETHER we can do so much." Heten Keller





YEAR 12 GEOGRAPHY STUDENTS INVESTIGATING LAND COVER CHANGE IN BRISBANE

Year 12 Geography students have been studying changes to the Earth's land cover and vegetation.

Students conducted fieldwork in Toohey Forest, Brisbane, to investigate the occurrence and impacts of invasive weed species. They set up a series of quadrats, identifying and counting species within these.

Students collected abiotic data related to soil moisture and composition, air temperature and light intensity. Students also made observations about vegetation patterns and evidence of change as a result of human activity. They are now using their observations and primary data collected to create field reports and solutions for the future.

ANNIKA'S **BIG WEEK OUT**

Year 12 student, Annika van den Brenk participated in Geography's Big Week Out over the Easter holidays. Annika was one of two Queensland students selected to attend the event with 16 other students from around Australia.

To qualify to attend the Big Week Out, Annika competed in the Australian Geography Competition that assessed her geographical knowledge and skills. Only the two highest achieving students were selected from each State to participate in the Big Week Out.

The group investigated new locations in the Brisbane CBD and conducted fieldwork related to the quality of public space. Gaining more knowledge of many geographical processes and having the opportunity to learn from highly experienced geographers, Annika said that it was an unforgettable experience.

'I am incredibly thankful for the experience. It has had such a positive impact on my year so far.'

Geography's Big Week Out is a mix of stimulating and hands-on geography activities, focusing on fieldwork, designed to challenge and extend high-performing senior students.



IMPROVED RECYCLING AT GRAMMAR

by Nina Richards, Year 12

A major concern for the Grammar Green Team at the moment is to improve the recycling waste disposal systems at Grammar.

Our goal is to walk the grounds of Grammar and never spot empty bottles, cling wrap and wrappers in our beautiful garden beds and green bushes lining our paths. Recycling is a vital part of protecting our wildlife and limiting our carbon footprint. Every year, Australia produces 376,000 tonnes of plastic waste and plastic takes around half a millennium to even begin to disintegrate. The implementation of a better system for waste reduction, management and recycling will help us achieve these goals and limit our impact on our local ecosystems, as well as the wider environment.

The Green Team is excited to be raising funds for this important project.

Grammar aims for a Green Future

by Charlotte Jardim, Year 12

The Grammar Green Team is a diverse and passionate student-led volunteer group. The aim of the group is to find ways to protect the environment, advocate and educate the surrounding community, and raise funds for much needed environmental projects and campaigns. The team brings together students across all of Secondary School who come together during their lunch breaks to discuss ways in which they can advocate for our natural environment. The students have a wide range of talents and interests including photography, public speaking, information technology, creative arts and music. Students are given the ability to explore areas of nature they are interested in and organise projects they are passionate about.

The initiative was founded by Ella Woodborne, a 2021 alumni who has just been acknowledged as one of the Sunshine Coast's Most Inspirational Women, as well as Sunshine Coast Young Citizen of the Year.

Over the course of its existence, the Green Team has introduced 10c Bottles for Change bins across the school and fundraised for various causes such as the Vanuatu SolarBuddy project. This semester, the Green Team is focused on improving the school's recycling system. At the beginning of the term, the students assessed the current littering crisis occurring within the school, and sought a solution. It was decided that there was a need for new and improved recycling bins throughout the school. The students then choreographed a fundraising campaign to raise money for these recycling bins. Stalls were planned and signs were painted during the students' lunch breaks.

These campaigns have not only raised funds for very worthy causes, but also allowed students to step into leadership positions within their school. The Green Team fosters inquisitiveness in students to always be looking to improve the world around them. The group also encourages students to become aware of the issues facing their local and global environment, and aim to find solutions. While this is limited in a school environment, it gives students the confidence and resilience to make change in realistic ways, empowering them to seek change as young adults. In the coming years, these young people will be responsible for the welfare of our planet.

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5 THINGS YOU CAN DO TO BE MORE SUSTAINABLE

by Lucy McDougall, Year 8

Making sustainable choices is important because doing so protects our ecosystem and preserves natural resources for future generations. It's the little things and the choices you make that can help save our planet. Here is a list of simple things you can do to ensure a sustainable future:

#1 RECYCLE

Recycling reduces the impact of human waste on the environment. You can put glass, cardboard, paper and tin items in your household recycling bin to help protect our oceans and marine life.

#2 GROWING A VEGETABLE GARDEN

Growing a garden is fun and also has many environmental benefits. The Sunshine Coast climate is perfect for growing tomatoes and basil.

#3 PICK UP THREE PIECES OF RUBBISH EVERY DAY

This might seem like a small gesture. Imagine if everyone picked up three pieces of rubbish every day. We would remove a whopping 21 billion pieces of litter from the environment each day!

#4 USE A REUSABLE WATER BOTTLE

Plastic water bottles are not necessary. Make an easy swap and drink from a reusable water bottle with an awesome design!

#5 GO OP SHOPPING

Buying clothes from Op Shops is a great way to save money. It also means that products are being reused and packaging is being reduced.



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The annual outdoor Music Festival held on Friday 3 June was an amazing afternoon of music and fun in 2022. The whole school community event showcased fantastic music performances by over 500 students from Years 1 - 12. A truly impressive and magical sight for all in attendance and the laser light show finish was a befitting ending to a great night for all of our guests and performers.

Performances were many and varied and included contributions from:

- The Music Curriculum program, including Year 3 Strings, Year 5 Band and Year 9 Classroom Music students.
- All of the school Choirs which involve 200 students from Years 1 12 singing beautifully, in harmony and oh so sweetly.
- All of the school String ensembles which continue to grow steadily from year to year and are sounding amazing. There is nothing like the emotive sound of our beautiful string instruments.
- All of the Band ensembles from our youngest Beginner Band students right through to our amazing Stage Band. You made our feet tap and delighted our ears with familiar tunes.
- Our three Rock Bands thrilled the audience with their very different and enjoyable genres.
- And a much-anticipated performance from the Music Department Team who had the chance to show their students that we practise what we teach!

Congratulations to all of the students involved in this massive undertaking for Grammar Music. Your dedication, musicianship and talent are a joy for the Music staff to work with every single day.

Open Stage Performance Afternoons

The Music Department has been excited to commence a new concert series called Open Stage. These concerts are educationally focused and are designed to give students of all ages the opportunity to practise performing in front of an audience while gaining invaluable experience that cannot be replicated in lessons.

The audience has been made up of other students who are there to perform, and many of our parents have also attended to support their children in their musical endeavours.

With a supportive, relaxed and safe environment, we hope that, eventually, all music students at Grammar will have the opportunity to overcome any apprehension about performing and gain more knowledge about performance etiquette.











Mentoring at Grammar Music

At every opportunity, our Music students give their time freely to assist our younger members at rehearsals. The mentoring program works to extend all of our students in their participation and contribution to the program, and the teachers are so grateful that so many of our talented musicians are willing to give up their time.

Mentoring opportunities are so important for all of our students and Grammar Music is proud to provide many scenarios for students to excel in their musical journeys.





DEVELOPING ENVIRONMENTAL AWARENESS IN JAPANESE

Sustainability is everybody's business. Consider Tokyo, where the population exceeds the entire population of Australia, and waste management is a very real everyday concern. Environmental responsibility and respect are deeply rooted within Japanese culture and society. So much so that phrases such as "mottainai" have risen. Mottainai does not translate into a single English word, rather it is an understanding that "an object has not yet reached its full potential" and so care and consideration must be given for this to be achieved.

Here in Australia, the phrase "What a waste!" is often used with similar meaning. The "mottainai" mindset forms the theme for one of our Year 9 Japanese units. Through this unit of study, students not only expand their language ability, but also their appreciation of sustainability. Students develop persuasive texts in Japanese to encourage environmental care and sustainable practices. Students also deepen their cultural understanding of the importance of organisation, systems and working towards a collective goal, each pivotal to the peace and harmony observed in Japanese society. Imagine sorting your waste into 5 categories "compost, cans, paper, plastic and glass bottles" – this is the expectation in Japan.

Also outstanding is how a country with such a significant population has very few rubbish bins placed out on the streets, but yet has such minimal litter. It all comes back to respect and working together towards a collective goal of a beautiful environment.

JAPANESE IMMERSION DAY

The Japanese Immersion Day took form as a "Japanese Festival". Throughout the morning sessions, students completed a "Japanese Amazing Race" around the school, revealing clues on various celebrations and festivals within Japan. Students were provided with a traditional Japanese festival game to explain back to their peers in Japanese before students tested their understanding and skills at these unique games. The day concluded with a traditional lunch at a Japanese restaurant and a fun karaoke session (both popular leisure activities in Japan amongst teenagers). All students accepted the challenge of immersing themselves in Japanese throughout the day.



BON VOYAGE, ALEX!

We recently farewelled one of our Year 11 French students who will bravely be leaving for a full year of exchange to our sister school in Aurillac, France.

It is certainly exciting to be able to offer our students these incredible opportunities once again and we wish Alex safe travels as she embarks on what will most definitely be a life-changing experience. We touched base with Alex before she left to find out a bit more about her motivations and what she will be doing in the next 12 months.

Year 9 Language Immersion Days

Much research indicates that when students learn a language through "immersion", their progress is faster and more deeply embedded. Our Term 2 Immersion Days afforded students the opportunity to utilise their language skills beyond the scope of the curriculum and embed a range of skills, including critical and creative thinking, communication, collaboration and teamwork.







French Immersion Day

French students enjoyed using their language skills to complete a number of team challenges. The day included three sessions; their first workshop used coding and robotics in French to navigate a series of challenges as they drove their way around Paris using the latest Lego Spike robots.

Fuelled by a French-themed morning tea, workshop two had them running around the school in their own Amazing Race, using language clues to find facts about a French-speaking country, using QR codes to build a profile and navigating a francophonie escape room to deepen their knowledge of the French speaking world.

Finally, workshop three was based on Top Chef! (the French equivalent of MasterChef) requiring students to follow instructions, produce their own traditional meal and present their creations, finally sharing these together as a group in the ultimate French meal.

VISUAL ARTS EXCURSION

The Year 11 Visual Art class had a stimulus excursion to Moffatt Beach and the Caloundra Regional Art Gallery earlier in Term 2. The purpose of this excursion was to create experimental artworks such as time-based pieces and environmental sculptures using natural materials as a point of reference. The excursion was an opportunity for students to relax and connect with their surroundings.

The first stop of the day was at the Caloundra Regional Art Gallery. Guided by Educational Officer, Ms Jenny Jones, we were introduced to the exhibition Local Artists - Local Content. This exhibition included many artworks representing the environment of the Sunshine Coast. Each artwork was unique in style and media. This helped students to seek inspiration for their own artworks and start to develop a style that they were interested in.

When students were on the beach, we were seated in a circle and did some mindfulness meditation to connect with the environment and be present in the moment. Whilst walking on the beach we collected several stones, rocks, shells and leaves to create our own sculpture inspired by Andy Goldsworthy. These sculptures explored the elements and principles of art, including patterns, colours, repetition, space and proportion.

A time-based piece was also created using a variety of technology such as GoPros, video cameras and mobile phones. It was great to see such a variety of approaches from the class. Some recorded a time-lapse of the sculpture in the space as it was affected by the waves; others while creating it.

After some lunch in the shade of the park, we proceeded to collect an organic object as a stimulus. Inspired by artist Vera Moller, the class sat by the beach and sculpted our object using a modelling compound to create many stylised versions of it. Lastly, we found a scene which we drew calm and peace from and created an etching to be printed back at school in the classroom.

We were grateful for the exceptional weather which was perfect for our experience, and the opportunity to be able to draw stimulus from our surroundings and make art in unconventional ways.





ENTREPRENEURS

A group of inspiring, young change agents from Sunshine Coast Grammar School teamed up with STEM leaders, TechGirls, to explore the world of entrepreneurialism and participate in team-based workshops to design digital solutions to community problems.

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tion

29 students in Years 5 and 6 identified important local issues, and spent the day brainstorming and creating app flow diagrams and designs for mental health and mindfulness, responsible pet ownership and pollution.

Students gained a hands-on learning experience and connected with technology in a meaningful and life-changing way that they could identify with.

"I really enjoyed working in my team to design an app called Sea Savers. It is aimed to raise awareness of waste in our waterways. We aim to build a range of interactive games, guizzes and information for people to learn how to care for our waterways," said Year 5 student, Sahana.

After a day of design, creative thinking, collaboration and problem-solving, the young tech leaders pitched their business ideas to a panel, including the TechGirls Facilitator and Principal, Mrs Anna Owen.

By providing immediate personal feedback to each group, the panel was able to encourage each team and deliver specific feedback for the next phase.

The TechGirls Project will continue on a weekly basis; checking in with a mentor online and working in their collaborative teams to design and build their own app.





Darius Crowd **ROBOTICS AND MUSIC**

Year 7 Student, Darius Crowd, is kicking goals in the Robotics and Music industries.

In March this year, Darius represented Australia in the RoboRave Global Virtual Competition, which had NASA as one of many companies judging the competition.

Darius was in a team with five other students from around Australia and finished in 14th place out of 87 international teams in the Fast Bots category - a fantastic effort!

Not only does Darius enjoys immersing himself in Robotics he is also an emerging artist on Spotify. He has released two albums, "Green Forest" and "Sailing Away", and a new track "Here We Go Now", which dropped in May. Darius collaborated with another DJ to create this latest track and is looking forward to working with more artists in the future.

Check out Darius' music



CHLOE DALY AUSTRALIAN HOCKEY SELECTION

Rising hockey star and Year 11 student, Chloe Daly, has recently been selected in the Australian Women's Under 18 Future Hockey Squad and Women's Emerging National Indoor Squad for 2022.

Falling in love with Hockey early, Chloe has played since she was three and worked hard to represent Queensland each year since she was twelve. Chloe recently returned home with a silver medal from the Under 18 Australian National Championships with her Queensland team.

The team selections will entail more training and travel to Brisbane and the Australian Institute of Sport in Canberra later on in the year.





Up and coming Rugby star and Sunshine Coast Grammar School student, Georgia Flood, has been selected for the Queensland Under 19 Super W Rugby Team.

This is the first year Super W Teams have introduced the Under 19 squads and is a great insight into how Rugby is growing in popularity amongst girls and women.

We sat down with Georgia to learn more about her passion for Rugby.

Question: How long have you been playing Rugby?

Answer: I have been playing Rugby since Year 7, so about 4 years.

Question: What do you enjoy most about playing Rugby?

Answer: What I enjoy most about Rugby is the feeling of being in a team and knowing all the girls have your back.

Question: Have you played on other representative teams?

Answer: I have played for Brisbane representative teams since Year 8.

Question: What will your schedule for the Super W Team look like?

Answer: We have already had our two games against the Waratahs in Sydney and the Brumbies in Brisbane. I travel to Brisbane twice a week for training.

Question: Do you think women's representation in Rugby is growing? How does that make you feel?

Answer: Women's representation in Rugby is definitely growing and it makes me really happy to see that Rugby could be a proper career for women in the near future.

Question: What are your plans for when you finish school next year?

Answer: I would love to pursue Rugby as a career. I plan to continue playing Rugby and getting better, and hopefully play for Australia one day.



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CONNOR MCEVOY AUSTRALIAN TENNIS TEAM SELECTION

Year 8 student and current number one Queensland under 13 tennis champion, Connor McEvoy, has been selected to play for the Australian Team.

Connor will travel with Tennis Australia to compete in the European Tour in July this year.

Connor's dreams of becoming a professional tennis player and competing at the highest level are fast becoming a reality. Connor is a great role model at Sunshine Coast Grammar Tennis and we wish him the very best on his debut international tour!



THOMAS HUBER

Year 10 student, Thomas Huber, has been selected to participate in the IMG Academy Football Team in Bradenton Florida, USA.

Thomas will depart for the US in June to attend a preseason minicamp in the lead-up to the 2022 season with the IMG Ascenders and will attend school from July to December.

Thomas will be joining a fortunate group of student athletes at a premier training ground known for their academics, athleticism and personal growth.

We look forward to following Thomas' adventure in the US and watching the football season unfold.

MARLEY REEVES AUSTRALIAN YOUTH CLIMBING DEVELOPMENT SQUAD

Year 9 student, Marley Reeves, has been selected for the Australian Youth Climbing Development Squad. Marley also recently competed at the National Youth Climbing Championships in Sydney and placed second overall in his age group.





XAVIER POWELL NATIONAL CHAMPION ON RINGS

Year 8 student, Xavier Powell, competed in the Australian Gymnastics Championships at the Gold Coast this year and was crowned National Champion on Rings.



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Equestrian Team WINS CHAMPIONSHIP

The Grammar Equestrian Team competed in the Interschool Queensland Wide Bay Championships in Show Jumping, Show Horse and Combine Training and won the competition. The team will now move on to the State Championships. We can't wait to see what these talented riders accomplish next.















Our Rugby teams performed incredibly well this season with four teams making in through to the finals. Congratulations to all of the players and coaches on another fantastic competition.

GRAND FINAL RESULTS:

1st XV defeated Siena 38-3, winning the Garth Hunt Shield 2nd XV defeated Matthew Flinders 66-6, winning the Jim Lucey Shield U13 Div 1 defeated by St Johns 21-17

U14 Div 2 defeated by Siena 40-0

Grammar's 1st XV team have now won five premierships in a row and 10 premierships from the past 11 years. Grammar has won the Garth Hunt Shield more than any other school in the history of the competition, which dates back to 1988.

QLD SCHOOLS RUGBY COMPETITION

Congratulations to the U18 Sunshine Coast team for winning the Queensland Rugby Football Schools Unions (QRFSU) State Championships at Sunnybank Dragons Senior Rugby!

The team was packed with Sunshine Coast Grammar Rugby players and led by Captain Joshua Barlow and Vice Captains Connor Dick and Dougal McLeod.

Well done to the 8 Grammar Rugby players who were awarded a spot on the Queensland team this year, including U16 player Tilly Cason.

QUEENSLAND REDS ACADEMY

Congratulations to Grammar Rugby players Luke Aiken, Finn Prass and Joe Wikaira for being named in the Queensland Reds Academy this year.

The team were named following a selection process based on performances in school and club Rugby matches across the state. This is the next step of the Queensland Rugby pathway for these young players.





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GRAMMAR SWIMMERS MAKE A Splash

Sunshine Coast Grammar Swimming Team has continued to show its strength and dominance in the pool at the recent Australian Swimming Championships in Adelaide, bringing home a haul of medals and personal bests, and finishing in 16th position overall in the club point score.

Stand out performers, Grace Brimelow and Kael Thompson, tore up the pool taking home four Gold, three Silver and one Bronze between them at the Australian Multi-Class Championships.

The Club is now turning its focus to the short course season in August with the Queensland Short Course Championships in Brisbane and the Australian Short Course Championships in Sydney.

There are also a number of swimmers who have been selected to represent the Queensland School Sport Swimming Team and will be competing at the Australian School Sport Swimming Championships in August.





NATIONAL POOL LIFESAVING CHAMPIONS

Sunshine Coast Grammar Pool Lifesaving Club claimed victory recently at the 2022 Australian Pool Life Saving Championships in Sydney. It is the second time the Club has won the event since it started competing in 2020.

The Club had 18 athletes compete at the Championships and won the Under 19 male and the Open Women individual overall championship. Six out of the 12 eligible athletes were also selected in Australian Squads - two in the Under 16, one in the Under 19 and three in the Open. Three athletes will also go on to represent Australia at the World Lifesaving Championships in Riccione, Italy in September.

The Club is open to everyone in the community, with some members travelling from Brisbane and the Gold Coast to attend training sessions.

Founder, President and Head Coach, Mrs Jeannie Baxter-Reid has been instrumental in the Club's success. Mrs Baxter-Reid started Pool Lifesaving in 1999 when she commenced teaching at Grammar and founded the Club in 2019.



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Year 3-6 Athletics Carnival

There was a huge level of excitement amongst our Year 3-6 students for their annual Athletics Carnival held at the University of Sunshine Coast Athletics Track in Term 2. It was great to see the support, encouragement and competition between houses throughout the day.

There were some unbelievable performances in our track and field events across all age groups, with many records broken.

Congratulations to Lawson House for taking out the point score and winning the House Spirit Award. Thank you to all parents and family members who supported your children throughout the day.





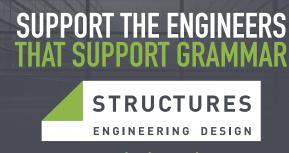
















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Secondary Athletics Carnival

Our Secondary Athletics Carnival was held over two days at the University of the Sunshine Coast Athletics Track, where all students showed an incredible amount of sportsmanship and house spirit, and of course, had a tonne of fun.

There wasn't much in the overall point score with Lawson just edging ahead of Bradman to take home the honours of House Champions.

Congratulations to Bradman for winning House Spirit.







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returns to campus

Lauren Condon (nee Soden) has returned to Grammar since graduating in 2015 to work alongside Head of Pathways and Partnerships, Mrs Carolyn Stafford, as a Pathways Counsellor.

Lauren joins the Grammar family with a Bachelor of Social Science (Psychology) from the University of the Sunshine Coast, and will work with students to assist them in effective time management, organisation and study planning.

We sat down with Lauren to hear what she has been up to since graduating from Grammar and learn more about her passion for psychology.

Question: How does it feel to be back at Grammar? Answer: It is so exciting to be back at Grammar. It is a beautiful school and I have so many beautiful memories here. A few things have changed since graduating, mostly the incredible new Aquatic Centre as well as the Art and Science facilities.

Question: Do you have a particular passion within the psychology industry?

Answer: I have always had a passion for Neuropsychology. It is defined as "the study of the relationship between behaviour, emotion and cognition on the one hand, and brain function on the other." Having a deeper understanding of these relationships and being able to interpret them in everyday life is fascinating. Throughout my degree, I have studied Organisational Psychology, so I will be able to work alongside students to assist them in effective time management, organisation and study planning.

Pathways is about individualised learning and supporting students to follow their unique passions and purpose. We use a holistic approach and are able to create study plans together that focus on maximising time to ensure all study and assessment requirements are fulfilled whilst still having time left over for yourself (and sleep!). It is important for students to have a happy balance of life and school to ensure a positive impact on mental health. I'm really looking forward to supporting our students and building relationships with families.

Question: What have you been up to since graduating from Grammar?

Answer: Since graduating I have built my first home, got married, and have two beautiful border collies! I love to exercise and enjoy taking my dogs for swims at the beach or dam. They love to exercise with me and on Sundays, we like to take long walks - up to 20 kilometres!

Question What is your fondest memory from your time at Grammar?

Answer: My fondest memory from my time at Grammar would be my senior Hospitality classes with Carolyn Stafford. She had a big influence on my senior education and shaping the woman I am now. I am so grateful for everything she taught me, and even more grateful I get the opportunity to work alongside her now.

Seeing firsthand the impact she had on me, makes me unbelievably excited and proud to think that I now also have the opportunity to have that impact on our future generations.



Harry Masters

Harry Masters graduated in 2013 and has remained in close ties with Grammar by volunteering to coach some of our Rugby teams, including this year's SCSSRU 1st XV Champions and our 2nd XV Rugby.

Harry is a great addition to Grammar's Rugby Academy and brings vast experience having played in Scotland and the USA, and representing his local club Maroochydore Swans.

We caught up with Harry to hear about life beyond the school gates and how he first got into coaching rugby. 'My earliest memory of coaching rugby was in Year 12 in 2013 when Grammar first started their women's rugby team. I coached the Open Women's Seven's team and I believe they came second in the school competition,' said Harry.

'After thoroughly enjoying this experience, my next coaching job was with a youth country team in the United States. It was great to see young men and women playing rugby in a country where there are a lot of other competing sports.'

Returning to Grammar Harry was excited to give back to the rugby program that gave him so much when he was at school. 'I have really enjoyed the company of the coaches and players and look forward to continuing coaching,' said Harry.

Harry has many fond memories of his time at Grammar and in particular lending a helping hand to assist others in his senior years as part of the school's flagship community Grammar Helping Hands Backyard Blitz projects.

'I remember visiting a family's house and helping them renovate their yard. I look back on that day and the time I spent with school friends making a real difference in the lives of others.'

'Giving your time to help others can have a lasting impact even when you least expect it and that's when it's most rewarding,' said Harry.













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